Nadège Foofat has worked with notable American ensembles including the Nashville Symphony, Savannah Philharmonic Orchestra, Chorus, and Children’s Choir, Spartanburg Philharmonic, South Bend Philharmonic Orchestra and Chorus, Toledo Symphony Orchestra and the Lima Symphony Orchestra, in Canada with the Kamloops Symphony Orchestra, l'Orchestre Symphonique de l'Estuaire, Symphony New Brunswick, Symphony Nova Scotia and Vancouver Island Symphony, and in Europe with the Hamburg Philharmonic Opera and Philharmonic Orchestra, and Lithuania State Orchestra.

A champion of equal representation for women in orchestral programming, Nadège is also a leading expert of the orchestral works of the early romantic French composer, Louise Farrenc.

Professional roles have included Assistant Conductor to Kent Nagano at the Hamburg State Opera and Philharmonic Orchestra in Germany, Associate Conductor for the Naxos recording of Darius Milhaud's L'Orestie d'Eschyle, which was nominated for a 2015 GRAMMY® Award (Best Opera Recording), and Founder and Music Director of the Esopus Chamber Orchestra, a twenty-five-member award-winning professional chamber orchestra based in the Hudson Valley, New York.

Nadège holds a Doctor of Music degree and a Diplôme de perfectionnement in conducting, a Master of Music degree from Yale, and a Bachelor of Music degree from The Juilliard School in viola. Nadège enjoys collaborating as a violinist and violist in recital and chamber performances.

In 2018, Nadège was one of six conductors selected worldwide for the Bruno Walter National Conductor Preview for her “experience, talent, leadership potential, and commitment to a career in service to American orchestras” by the League of American Orchestras.

Born in Canada, Nadège is also a citizen of the United Kingdom and United States.